## Widows and Orphans in Rural Kenya (w.o.r.k.)

Charity Number: 1119959







Issue 26



## Health care in Kenya.....

Kenya is a country with many problems. One of the most serious and one that W.O.R.K. is actively involved with is the lack of good Health Care.

MALARIA is the most well known tropical disease. In Kenya it is Falciparum malaria. It is carried by the female mosquito which usually bites at sundown! The symptoms are similar to flu and can be severe. The treatment is fairly straightforward and most 'healthy' people recover from Malaria quickly, it is the under 5's and pregnant mum's who suffer most with almost 1 in 4 children dying of Malaria.



**DIARROHEA** in Kenya is a leading cause of illness and death. The lack of safe drinking water is the commonest cause of diarrhoea. It is estimated that 16% of under 5 children die of diarrhoeal conditions each year.



HIV/AIDS has been endemic in Kenya. However in the last 5 years the spread has reduced. With the help of the Anti Retroviral Drugs the death rate has reduced. Most of the Orphans and Widows that W.O.R.K. supports are from villages where HIV

has decimated their families.

Other common conditions seen at our Clinics are:

- Pneumonia
- Jiggers
- Anaemia
- Tuberculosis
- Measles

All these conditions are treated at the 2 Clinics that W.O.R.K. supports by well trained and dedicated staff. The drugs are available and all patients are treated first and the costs discussed afterwards! No one is refused necessary treatment. Our Widows and Orphans are cared for as a priority to ensure their good health



Checking a blood slide in the Clinic Lab

## Have you ever...

Been attacked on your way home from school?

Seen your mother killed?

Never eaten off a plate?

Longed to be able to go to school?

Never owned a pair of socks?

Not been able to afford a pencil to write at school?

Scrambled on the road for something to eat?

Never seen a bed sheet...?

### W.O.R.K.

Offers hope and

support to those

who have no

hope.....

### Sinoko Youth Polytechnic

Sinoko is a small isolated village in Western Kenya. Unemployment is high and poverty is rife. There is however a small Youth Polytechnic in the village offering basic practical skills to the youth. There are over 100 of these young people attending, many with no schooling at all. They do a two year course and gain a national certificate which will enable them

to work as an 'artisan'.

The skills taught include: Carpentry, Dressmaking Masonry, Plumbing& electrical engineering





Damaris
Is in her first year at
Sinoko studying
dressmaking

This year for our Christmas appeal we are offering tools! Without the tools of their trade these kids are not able to gain employment. after they have finished their 2 years — so if you are able please try and support them....

Thank you

# Web Site: www.work-kenya.org

W.O.R.K.

**Charity No: 1119959** 



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# 1 Club

 June Winners:
 £30

 Pat Pearse
 £20

 Diane Tobin
 £20

 July Winners:
 Kelly Dunne
 £30

 Rosemary Waring
 £20

 Aug Winners
 Tony Irwin
 £30

Sept Winners
Georgina Smith £30
Tony irwin £20

Derek & Sue Rendle



Thank you everyone who has supported our W.O.R.K. 100 Club!

We have just completed our first year and so in MAY had a bumper draw.... The five winners were:

Nicole Burge £50 Ivy Yeabsley £40 Wendy Victor £30 Jo Farrell £20 Monica Dickens £10

The 100 Club has raise well over £1000 and we are delighted. The funds have gone direct to Kenya - nothing has been wasted!

# In 2014 W.O.R.K has supported:

85 Orphans

£20

- 60 Widows
- 6 Schools
- 2 Rural Health Centres
- Health fees for 500 Widows and Orphans

Without you this would not have been possible

**Asante sana!** 

### A Practical Present or Gift...

Practical gifts for your family and friends - that help you and others....!!!

A Spanner, hammer, chisel or any simple tool costs just



£5

A Basic Tool Kit consisting of 5 essential tools for the particular trade



£25

The one expensive item girls usually need is a pedal sewing machine



£100

#### What do I do now.....?

- 1. Choose a gift & complete the form below
- 2. Send the form and fee to W.O.R.K. (address above)
- We send you a commemorative Gift Card to give to your friend or loved one.....

#### **Order Form**

Name	
Address	
Pos	st Code

Gift:	Price	Quantity	Total
One tool	£5		
5 tools	£25		
Sewing Machine	£100		

Thank you